The YMCA is North Carolina’s Community Anchor

Through the Y, more than 976,800 North Carolinians count on the Y to connect to resources, relationships and opportunities necessary to learn, grow and thrive. Our Ys are change agents improving lives and strengthening communities across the state.

NC Ys ENGAGE...

513,000 Adults
360,800 Youth
103,000 Seniors

In activities that improve health, connect communities and fuel potential.

NC Ys EMPLOY...

19,500 Full- and part-time employees.

www.NCYMCAAlliance.org

YOUTH DEVELOPMENT

202,000 Campers build character and find role models.
231,000 Students are safe and supported in before and after school programs.
72,500 Children learn skills that prevent drowning and promote healthy activity.

HEALTHY LIVING

9,100+ People improved overall health thanks to YMCA evidence-based health programs for small groups.
85% of LIVESTRONG at the YMCA participants gained back strength lost to cancer.
21 YMCA associations with 250 trained instructors deliver life-changing evidence-based health programs.
48% of Diabetes Prevention Program participants achieved weight loss goals and are no longer at risk for diabetes.

SOCIAL RESPONSIBILITY

VOLUNTEERISM

39,700 Volunteers gave 227,700 hours.

$5.5 Million in donated time.

COMMUNITY SUPPORT

NC YMCAs provided nearly $34 MILLION in scholarships for membership and programs.
The North Carolina Alliance of YMCAs is a coalition of independent YMCA associations leveraging our collective influence and expertise to strengthen North Carolina.

The purpose of the Alliance is to:
- Build capacity of all the state’s YMCAs,
- Foster collaboration on statewide initiatives through effective partnerships,
- Advocate on behalf of the YMCA’s mission and cause with elected officials and stakeholders,
- Coordinate communication to build consensus that ensures YMCAs are recognized as leaders in youth development, healthy living and social responsibility.

Alamance County Community YMCA
Bertie County YMCA
Blue Ridge Assembly YMCA
Cleveland County YMCA
Gaston County Family YMCA
Goldsboro Family YMCA
Harrison Family YMCA
Henderson Family YMCA
J. Smith Young YMCA
Eastern Carolina YMCA
Randolph–Asheboro YMCA
Rowan–Cabarrus YMCA
Stanley County Family YMCA
Tom. A Finch Community YMCA
Williams YMCA of Avery County
Wilson Family YMCA
YMCA of Catawba Valley
YMCA of Greater Charlotte
YMCA of Greensboro
YMCA of High Point
YMCA of Northwest North Carolina
YMCA of Southeastern North Carolina
YMCA of the Sandhills
YMCA of the Triangle
YMCA of Western North Carolina

North Carolina Alliance of YMCAs
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North Carolina
25
Associations
12
Overnight Camps
112
Branches